

LUNCH & DINNER



ITALIAN & MEDITERRANEAN BISTRO

APPETIZERS

- Hummus** 7.29
Chickpeas pureed with tahini, fresh lemon juice and garlic. Topped with EVOO.**
 - Red Pepper Hummus** 7.29
Spicy blend of our Hummus, roasted red peppers and jalapeno. Topped with EVOO.**
 - Tzatziki** 7.29
Cucumber and Greek yogurt dip seasoned with garlic, dill and lemon juice.**
 - Baba Ghanoush** 8.59
Roasted eggplant puree, tahini, yogurt, lemon juice and garlic. Topped with EVOO.**
 - Dip Sampler** 8.59
Choose two from Hummus, Red Pepper Hummus, Tzatziki & Roasted Eggplant. Served with a grape leaf. **
 - Bruschetta** 9.29
A zesty mix of tomato, basil, garlic, shaved Parmesan, EVOO with grilled ciabatta. Have it classic style or take it up a notch with fresh avocado. Add Avocado 2.99
 - Falafel** 7.99
Finely ground chickpeas seasoned with onions, garlic, parsley, and spices, lightly fried and served with our tahini sauce.
 - Greek Potatoes** 7.59
Potato wedges lightly fried and served with our zesty garlic sauce.
- **Choice of Regular or Whole Grain Pita or Pita Chips
Substitute sliced veggies for pita 1.00

SALADS

- Served with our own special homemade dressings, made fresh daily!
- Ask for our low-calorie, no oil Lemon-Tahini dressing as a substitute for any dressing.
- Signature** 12.29
Romaine, artichoke, tomato, cucumber, kalamata olives, red onion, avocado and mozzarella. Served with house dressing, our Parmesan crisp and grilled ciabatta.
 - Side Signature** 10.29
 - Greek** 11.99
Romaine, tomatoes, cucumbers, kalamata olives, red onions, green peppers and feta cheese. Served with our Greek Vinaigrette, a grape leaf and grilled ciabatta.
 - Side Greek** 9.99
 - Arugula** 9.29
Arugula, romaine, radicchio, tomato, kalamata olives, red onions and Asiago cheese with our house dressing and grilled ciabatta.
 - Side Arugula** 7.29
 - Caesar** 8.99
Romaine, our Caesar dressing, croutons, shaved Parmesan, and our Parmesan crisp.
 - Side Caesar** 6.99
 - House** 7.99
Romaine, baby spinach, tomatoes, cucumber, carrots & radicchio with our croutons and house dressing.
 - Side House** 5.99

BRICK OVEN PIZZA

- Thin-crust 12" and 8" pizzas baked to order in our brick oven. **All pizzas available gluten-free in 10" size for 12" price.**
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| Pomodoro (with tomato sauce) | 12" | 8" |
| Margherita (cheese, tomato & fresh basil) | 12.59 | 9.59 |
| Fresh mozzarella and Parmesan cheeses, tomatoes and fresh basil with our tomato sauce. | | |
| Carne Amante (pepperoni, sausage & meatball) | 14.99 | 11.99 |
| Pepperoni, spicy Italian sausage, Italian meatball and fresh mozzarella and Parmesan cheeses with our tomato sauce. | | |
| Arrabbiata (spicy sausage) | 14.59 | 11.59 |
| Spicy Italian sausage, kalamata olives, caramelized onions, fresh mozzarella and Parmesan cheeses with our arrabbiata sauce. | | |
| Greek (fresh vegetables & feta) | 12.99 | 9.99 |
| Fresh baby spinach, kalamata olives, red onions, tomatoes and our arrabbiata sauce with fresh mozzarella and feta cheeses. | | |
| Formaggio (cheese) | 11.99 | 8.99 |
| Fresh mozzarella and Parmesan cheeses with our tomato sauce. | | |

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| Bianca (without tomato sauce) | 12" | 8" |
| Bianca Insalata (white pizza with arugula salad) | 13.99 | 10.99 |
| Fresh mozzarella, caramelized onions, EVOO, arugula, tomato, red onion, kalamata olives and shaved Asiago cheese. | | |
| Lombardi (prosciutto & fresh arugula) | 14.59 | 11.59 |
| A white pizza with fresh mozzarella, basil, imported Prosciutto di Parma, arugula and shaved Parmesan. | | |
| Pollo (grilled chicken) | 14.59 | 11.59 |
| Grilled marinated chicken, sautéed baby spinach, garlic sauce, kalamata olives and caramelized onions with fresh mozzarella and feta cheeses. | | |
| Porcello (bacon, caramelized onions & arugula) | 14.59 | 11.59 |
| Applewood smoked bacon, caramelized onions, fresh mozzarella, garlic sauce, arugula, gorgonzola and balsamic reduction. | | |
| Del Mar (shrimp & roasted peppers) | 14.99 | 11.99 |
| Shrimp, roasted peppers and garlic sauce with mozzarella, Parmesan and basil pesto. | | |
| Gluten Free Pizza | | |
| 10" same price as 12". | | |

PANINI

- Served with baked lavash chips, Terra Chips®, or fries. Choice of regular or whole grain ciabatta.
- Grilled Chicken Pesto** 12.59
Marinated chicken breast, roasted peppers and grilled zucchini with our basil pesto.
 - Caprese** 11.59
Fresh mozzarella, tomatoes, arugula and our basil pesto.
 - Grilled Chicken Parmesan** 12.59
Marinated chicken breast and shaved Parmesan, with our basil pesto and marinara sauce.
 - Roasted Turkey BLT** 13.59
Roasted turkey breast, Applewood smoked bacon, lettuce, tomato and provolone cheese with our chipotle mayo.
 - Prosciutto & Mozzarella** 13.59
Imported Prosciutto di Parma, fresh mozzarella, tomato, basil and Italian vinaigrette.
 - Roasted Turkey & Havarti** 12.99
Turkey breast, tomato, lettuce, havarti cheese and our Dijon-horseradish sauce.
 - Italian Combo** 13.59
Mortadella, capicola, salami, provolone, lettuce, tomato, red onion, pepperoncini and house dressing.
 - Grilled Steak & Cheese** 13.59
Grilled steak, caramelized onions, lettuce, tomato, cheddar cheese and our chipotle mayo.
 - Italian Meatball** 13.59
All-beef meatballs, caramelized onions and provolone cheese with our marinara sauce.

Create Your Own Pizza	12"	8"
Add any of these ingredients to the Formaggio or to any pizza:	1.59	1.29
green peppers		tomatoes
sautéed spinach		caramelized onions
capers		kalamata olives
roasted peppers		artichokes
white mushrooms		red onions
minced garlic		fresh basil
Add Extra Toppings	12"	8"
Vegetable Toppings	1.59	1.29
Pepperoni, sausage, salami, bacon or anchovies	2.59	1.99
Grilled Chicken	3.99	2.99
Fresh mozzarella, feta or Parmesan cheese	1.99	1.59
Prosciutto di Parma	2.99	1.99
Italian Meatball	3.99	2.99
Grilled Shrimp	5.99	4.99

WRAPS

Served with baked lavash chips, Terra Chips®, or fries. Choice of regular, whole wheat or gluten free wrap.

Shawarma

Thinly sliced chicken or beef with romaine, tomato and our garlic sauce, wrapped in a grilled pita.

Chicken	11.59
Beef	13.59

Falafel

Ground chickpeas with onion, garlic, parsley and spices, lightly fried. Served with romaine, tomato, scallions, radish, tahini sauce in a grilled pita.

Grilled Chicken Caesar

Marinated chicken breast, romaine and shaved Parmesan with our Caesar dressing.

Grilled Chicken Club

Grilled chicken, Applewood smoked bacon, avocado, tomato and romaine with our chipotle mayo.

Hummus & Greek Salad

Hummus, romaine, tomato, cucumber, kalamata olives, green peppers, red onion and feta cheese with our Greek vinaigrette.

Avocado & Lemon Tahini

Sliced avocado with tomato, lettuce, carrots, shaved Asiago and our lemon-tahini dressing.

Roasted Turkey & Avocado

Thinly sliced roasted turkey breast, avocado, baby spinach and tomatoes with our tzatziki sauce.

Kabob Wrap

A grilled skewer with tomatoes, cucumbers, red onions, romaine and our tzatziki sauce.

Chicken	11.59
Steak*	13.59

KIDS MENU

Cheese Pizza

8" pizza with fresh mozzarella and our tomato sauce.

Add pepperoni or sausage

Pasta

Bowtie with our mild tomato sauce, sprinkled with grated Parmesan cheese.

Add meatball

Chicken Nuggets

All white meat chicken nuggets served in a basket with fries and ketchup.

Quesadilla

A soft tortilla folded and filled with fresh cheddar and lightly grilled. Served with fries or carrot and celery sticks and ranch dressing.

Add chicken

Homemade Mac & Cheese

Macaroni tossed with a creamy cheddar cheese blend.

PASTA

Served with grilled ciabatta and topped with fresh Parmesan.

Chicken Alfredo

Penne pasta tossed with grilled chicken, broccoli and our homemade Alfredo sauce.**

Lasagna Emiliana

Layers of fresh pasta, Parmesan cheese, meat sauce and mozzarella cheese topped with our marinara sauce and baked.

Penne Arrabbiata

Penne pasta tossed with kalamata olives, sautéed mushrooms, capers and our zesty Arrabbiata sauce.**

Penne with Basil Pesto

Penne pasta tossed with our homemade basil pesto and topped with freshly shaved Parmesan.**

Cheese Ravioli

Ravioli stuffed with four cheeses, served on a bed of our marinara sauce and topped with freshly shaved Parmesan.

Fettuccini Alfredo

Fettuccini tossed with our homemade Alfredo sauce.

Pasta Marinara

Your choice of our marinara, arrabbiata or vodka sauce with, linguini, fettuccini or penne pasta.**

Add to any pasta:

Meat Sauce	2.99
Italian Meatball (2)	3.99
Grilled Chicken	5.59
Prosciutto di Parma	2.99
Italian Sausage	2.59
Grilled Shrimp	6.99

**Choice of regular or whole wheat penne.

KABOB PLATTERS

Served with rice, grilled vegetables, salad, pita bread and tzatziki sauce. Choice of regular or brown basmati rice and regular or whole grain pita.

Chicken

15.59

Steak*

17.59

Shrimp

17.59

Salmon*

21.99

Vegetable

13.59

Mixed Kabob (choose any 2)

22.99

Substitute extra salad for rice

1.00

GRILLED SKEWERS

Add a grilled skewer to any of our salads or entrées.

Chicken

5.99

Steak*

6.99

Shrimp

6.99

Salmon*

9.59

Vegetable

4.29

Falafel

4.59

HOMEMADE SOUPS

Our hearty soups made fresh daily. Please ask for daily selections.

Cup	5.29
Bowl	6.29

Seasonal Soups:

Cup	6.29
Bowl	7.29

SIDES

Basket of Fries

5.59

Hummus, Red Pepper Hummus or Tzatziki

2.99

Baba Ghanoush

3.59

Grape Leaves (2)

3.99

Baked Lavash Chips

3.99

Parmesan Crisps

2.99

Basmati Rice (regular or brown)

2.59

Garlic Sauce

2.59

Grilled Pita** (2 pieces quartered)

3.59

Grilled Ciabatta** (2 pieces)

2.59

**Choice of regular or whole grain

DESSERTS

Baklava (2)

4.99

Tiramisu

7.99

Freshly Baked Cookies (1)

1.99

Brownies

3.59

Cannoli

5.29

Limoncello

7.59

BEVERAGES

Fountain Drinks (free refills)

2.99

Homemade Iced Tea (free refills)

2.99

Homemade Lemonade (free refills)

2.99

San Pellegrino (500 ml.)

4.99

San Pellegrino Arranciata

3.99

Spring Water

1.99

Izze Sparkling Juices

3.99

Milk (1% organic) Chocolate

3.99

Milk (1% organic)

3.99

Tropicana Apple Juice

3.99

Freshly Brewed Coffee

2.99

Cappucino

3.99

Latte

3.99

Espresso

2.99

Hot Herbal Teas

2.99

WINE

Wines by the Glass

6.50 - 8.50

Wines by the Bottle

20.00 - 28.00

BEER

Select

5.00

Premium

6.00

Craft

7.00

PLEASE NOTE!

1. Food prepared at Cafesano may contain these ingredients: Milk, Eggs, Wheat, Soybean, Peanuts, Sesame, Tree Nuts, Fish and Shellfish. If you have particular food allergies, please let us know when you order. 2. *This item may be raw or undercooked. 3. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Olives may contain pits. Ask about our **Gluten Free Menu**.